

Editors: Phil Beckett & Anne Rothera

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GRANTS

Our member, Pat Martin, wrote to us to remind us all that Parkinson's UK offers grants to help us meet our needs. She said "Are you aware

that Parkinson's UK can offer grants for all sorts of things from respite care to a new washing machine? Pat explained, "I needed a car hoist to enable me to get in and out of the car safely. I managed to source a hoist but was somewhat dismayed to find that it was going to cost over £3,000.



I applied to the grants department of Parkinson's UK and they gave me a grant of £1,500 towards the cost and I am extremely grateful.

"If you want to apply for a grant, don't delay, because the current round of grants will be open from 1st August until 28th October 2022. You can apply for up to £500 if your household has no more than £6,000 in savings and for grants up to £1,500 your household has savings not exceeding £16,000. You are eligible if you have

Parkinson's, Parkinsonism, or you are an unpaid carer, even if you receive Carer's Allowance. You can find out more from Parkinson's UK website, where you can download guidance on how to apply and an application form.

SUMMER BREAK Our Coffee get together events primarily aimed at providing information for newly diagnosed people, are held on the last Wednesday of each month at 2 pm. Since the closure of Sainsbury's café, we are now meeting at the café in Shibden Park. However, please note that there will be no meeting in August. The Saturday club, which normally meets on the second Saturday of each month at Elim Church, Hall Street, Halifax will also be having a summer break in August.

DAY TRIPPER Our coach trip to the Scarborough Fair at Flower of May Holiday Park in Leberston was enjoyed by many. A fish and chip lunch and an afternoon tea were included, as well as a chance to see the vintage steam engines and classic cars, or ride on the old-fashioned steam driven rides.



Advance Notice: Christmas Lunch
Coach Trip TUESDAY 29th November 2022
Corn Mill Lodge Hotel, Leeds
Coach departs from Elim Church at 11:15 en route for Leeds
Arrive around 12 noon giving time
for a trip to the bar before we eat at 12:30
Singer, Nicola Mills, from Todmorden, is our choice of entertainment
Coach Leaves at 3:15 and should get us to Elim Church for just after 4:pm
Tickets available from Saturday 10th September, £15 each

ELVIS is alive and well and living in Yorkshire! He did two sets, sang all the old favourites and mingled with the audience, encouraging those who wished to join in. A good time was had by all who attended at Elland Cricket Club on Saturday 18th June. Our first real fund raiser event for more than two years, it was a success however



you look at it, with 150 people having a great night out, pie and pea supper and raising almost £1,600. Barclays Bank is also prepared to funds match, up to £1,000, so thanks to them and to Lisa.



CONDUCTIVE EDUCATION is a therapy aimed specifically at people with Parkinson's. It covers a wide range of activities. Such as handwriting, speech, posture, balance, walking, rising from a chair, turning over in bed and many other everyday things that are more difficult for people with Parkinson's. We meet on Mondays, once a month and we currently have vacancies for three people to join us. If you are interested, or would like more information, contact Philip Beckett on 07748 121444, or by email to philip.beckett@zen.co.uk

STOP PRESS – terms for a renewed contract have been agreed between Halifax and District Branch, Eszter Nagy, our service provider and Parkinson's UK Head Office. Contracts have been signed and are now in place. We look forward to the many benefits of Conductive Education for the academic year 2022/2023.

DATES FOR YOUR DIARY

13 th Aug	Saturday Club at Elim Church (No meeting)
7 th Sept	Coach Trip to Oswaldtwistle Mills and Lunch
10 th Sept	Saturday Club at Elim (Stringthing) Brian Toberman, musician/ singer 2pm- 4pm
8 th Oct	Saturday Club at Elim Church, Tony Vino (Comedian) 2pm - 4pm
12 th Nov	Saturday Club at Elim Church, AUTUMN FAYRE 2pm- 4pm
29 th Nov	Coach Trip TUES! Festive Lunch, Corn Mill Hotel, Leeds (tickets Sept)
3 rd Dec	Festive Cold Buffet, with Julie Dee (Singer) Elim Church, 1pm – 5pm (tickets Sept)

Shibden Park Café (by the lake) 2pm-4pm

27th July, (31st Aug - **No meeting**), 28th Sept, 26th Oct, 30th Nov, (28th Dec - **No meeting**)

Conductive Education at Elim Church

12th Sept, 10th Oct, 12th Nov, 5th Dec

CURRENT RESEARCH OPPORTUNITIES FOR GUINEA PIGS IN HALIFAX

There are currently a lot of research projects restarting after Covid or just beginning, they include: Identifying Genes in PwP, PwP Emotions and Dance, Sleep, Social Isolation during lockdowns, Wrist worn device assisting daily life for PwP, Understanding life for Care Givers, Time Perceptions, Virtual home assistant for Speech Impediments, Shame and Medicine project, Assisting mood and behaviour using smartphone apps. You can find them all on Parkinsons.org.uk/research or the Take Part Hub on the same website, or by telephoning the main helpline on 0808 800 0303.