









**HALIFAX &
DISTRICT BRANCH
NEWSLETTER**

Parkinson's UK Confidential Helpline
Call free on 0808 800 0303
Opening Times
Monday – Friday: 9am – 7pm
Saturday: 10am – 2pm
Closed Sundays & Bank Holidays

Editors: Anne Rothera & Phil Beckett

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NEXT MEETING

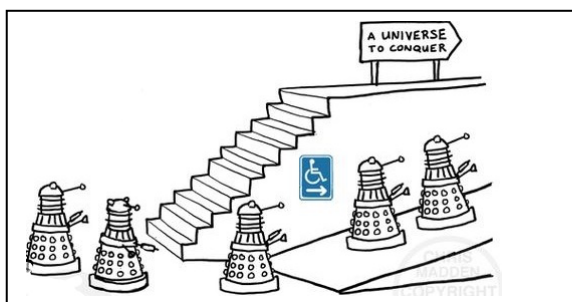
After Boris's latest announcement we have decided our first Saturday meeting will be held at:

Elim Church
11th September
with singer Julie Dee
2pm – 4pm

OPPORTUNITY KNOCKS!

After careful consideration, our Chair, Sylvia Maudsley has decided to take a step back from her position, wanting to give someone else an opportunity. She said that the ideal candidate would need to have leadership qualities, some knowledge of Parkinson's and be supportive but not patronising. She praised Vice Chair Ian Barraclough and everyone on the committee and said that they are so hard working, it makes the Job of Chair straight forward.

This could be a chance for you to help your fellow members and to steer the branch into the future. If you would like more information, speak with any committee member. We are also actively seeking committee members!



PRIORITY SERVICES REGISTER

The Priority Services Register has been set up to help customers of organisations including Yorkshire Water, who may be significantly impacted if they cannot access water for a short period of time, or people who need additional support with understanding their bills or would just like someone else to manage their account. In the event of planned work, or an emergency repair, Yorkshire Water can make sure the most vulnerable people get the assistance they need as soon as possible. The Priority Services Register is free to sign up to is and open to anyone over the age of 65 or with a specific disability or in vulnerable circumstances. Evidence of eligibility is not required on the

Would anyone like to trial Conductive Education?

We have some vacancies in our sessions for Conductive education at Elim Church on the 2nd Monday of the month commencing 13th September 2021.

Subsidised by the branch, it costs £10 per session to members

More details from Phil Beckett email: philip.beckett@zen.co.uk

Tel no. 01484 713035

Conductive Education was started by Dr Andras Peto in 1945. The Peto Institute is in Budapest, Hungary and initially taught children who have cerebral palsy, and cannot control their bodies properly, to lead more independent lives by means of Conductive Education.

Adapted to suit people living with Parkinson's and other neurological problems, such as strokes, we are fortunate to have a very good conductor who understands all things related to PD and because we have only 6 in a group adapts the sessions to suit people's individual needs.

Eszter Nagy, graduated from the International Peto Institute in Hungary, in 2013 and is based in the North-East of England.

From September 2021 Eszter will bring Conductive Education to us, at Elim Church, Halifax, monthly on the 2nd Monday of the month.

Regular attendees agree that "Monthly attendance helps you live and cope with Parkinson's more easily."

AUTUMN FAYRE

Saturday 13th November

Elim Church 2pm – 4pm

Tombola, Raffle, Crafts, Books

+ A Cake Stall

Book a stall - contact Anne Rothera
on 01422 253368

If you are able to donate a raffle prize,
books or unwanted gifts please bring
them to the Saturday meeting at Elim in
September or contact any committee
member.

Please bring family and friends

Thursdays

From Thursday 1st September

Our Dance Sessions with

Izzy restart at

Elim Church

10:30 – 11:20

Contact Sue Crawshaw or Jo Caldicott
for further information

Games Hour to follow from

11:30 – 1:00