

Parkinson's Halifax NEWSLETTER

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Did you know that Sylvia and Eddie are doing a Skydive?



Yes, that's right, it almost goes without saying that their cause is Parkinson's... So, if you haven't

managed to sponsor either, you'll need choose - or perhaps just go with both!



COACH TRIP



Wednesday 13th November

Coach trip to Millstones, for lunch, departing Elim Church at 10am prompt.

Return at approximately 7pm.

Tickets cost £15 per member or carer. For tickets and/or more information please contact, *Margaret Lambert:*

01422 256 347

Contact Details



Sylvia Maudsley
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PARKINSON'S^{UK}
CHANGE ATTITUDES. FIND A CURE. JOIN US.

Need help? Call the Parkinson's UK confidential helpline for free on **0808 800 0303**

Opening times: Monday-Friday: 9am-7pm, Saturday: 10am-2pm (Closed Sundays / Bank Holidays)

"Trained advisers, can provide information and advice about all aspects of Parkinson's, such as:
*medical issues, including symptoms and treatments
*employment and benefits
*health and social care
*emotional support."

Meet Branch Member... Linda Dakers



Nearly five years ago my life took a drastic turn. After struggling with a weak arm, hand, poor to unreadable hand writing, wobbly walking etc I was referred to the Neurologist who I saw at a later date. To be told "I know what is wrong with you. You have Parkinson's." A bit blunt I thought. Well girl, you've got a fight on your hands, so let's get going.

I decided I needed to join the local Parkinson's groups and get involved (which I did).

I have met some amazing supportive people who I now regard as special friends. Who on a daily basis have to

deal and fight with many diverse aspects of this condition, which they all do with vigour and big, big supportive smiles.

I have become involved with as much as I possibly can, golf, exercise classes, glass fusion, meetings, get togethers etc.

I now have been accepted as one of the Barraclough Babes a very classy, elite group! Yeah, what more does a girl want?

I may have good days or bad days, but I know I have the support of my lovely Parky friends, whom I treasure and will always be here for each and every one. Thank you guys for being my friends.

A couple of requests for your help from the charity

You can share your experience of Stalevo (mainly to do with getting the wrong tablets) with Laura Cockram in the Policy and Campaigns team on 020 7963 3915 or email lcockram@parkinsons.org.uk

There is another **Your Life, Your Services** survey you have until 25th October to complete it. Go to surveys.parkinsons.org.uk/s/YLYS19/

Dates For Your Diary

Saturday 12th October
Anniversary Meeting
Singer: Steve Brown

Saturday 9th November
Lynne Lord
Amusing Poem Recitals

Wednesday 13th November
Coach Trip to Millstones