

Parkinson's Halifax

NEWSLETTER

Edited by Eileen Kenny
Branch Secretary 01422 373 566

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Summer Fair

The Summer Fair is an annual event which is always well supported and enjoyed by everyone who comes along. This year I would say tops all others!

I think we must have served about 80 strawberry and cream scones, in fact we very nearly ran out (I had to forego mine)! Thank you to all my scone bakers; they were all delicious. The cake stall which Ann ran was absolutely groaning with loveliness and a great attraction.

Many people worked hard behind the scenes to make it such a fun afternoon. Sandra collected and wrapped all the prizes for the Tombola, always a favourite as everyone's a winner. Caz encouraged crafters from Halifax and Huddersfield to run stalls, we had; hand-made cards, book stall, hand painted glass, home sewn items and soft toys, paintings from Paul Mac and many more things (apologies if I haven't mentioned them all).

The atmosphere was wonderful and with Martin Heathcote providing live music there was a real buzz. I think, perhaps next year we will have to move into the main hall, as it was very crowded!

Thank you to everyone who helped, contributed, baked and like me bought some lovely and unusual gifts.

Ann Inwood (Tea Lady)! The event raised almost £600.



Kathie Walker

Linda Such

"For the Joy of Singing"



Don't get me wrong, I'm no Catherine Jenkins, but if anyone's up for a good sing song, it's me. So I was delighted to hear that Halifax Parkinson's group was starting a choir.

On Monday morning, I took the plunge and went to see what was involved. What a lovely way to start the week. I was greeted warmly by our leader, Giselle Herbert. I took my seat on the back row, hoping that any wrong notes wouldn't be too obvious from there. We warmed up with breathing exercises and tricks for getting our musical muscles into shape. Then we were away!

We picked bales of cotton, chanted football classics and marched with the Saints. Less frenetically we warbled to Amazing Grace and Can You Feel the Love Tonight from the Lion King. Something for everyone. We even sang harmonies! Believe it or not – it sounded good!

The group comprises a good mix of ladies and gents. And no, you don't have to be a wonderful vocalist. Why not join us next **Monday at Elland Golf Club, between 11-10am and 12-40pm?** It's great fun but most important of all – it's good for you!

Joanna Emblem



Meet the Treasurer

I am David Baldwin, Branch Treasurer. I am happily married with three grown-up children and have four grandchildren with number five on the way.

I spent all my working life in education undertaking a variety of roles including secondary schoolteacher, primary schoolteacher, education officer, school manager and exams officer. I am originally from Croydon but have lived in

Yorkshire for over 40 years and came to Halifax to take up a post in the Calderdale Education Department.

I became treasurer over two years ago as there was a vacancy at the time my term of office to another local charity was coming to an end. Elaine Uttley was instrumental in recruiting me. I am responsible for making payments, receiving income, keeping records and reporting to both the branch committee and the national charity.

I am committed to supporting the branch in providing services to local people affected by Parkinson's. I have also become involved at a Yorkshire and Humberside level serving as a member of the Local Development Group which has been established to assist in achieving the charity's ambition to make Parkinson's Links available across the UK by 2020 for everyone affected by Parkinson's, at every age and every stage.

I am very impressed by the commitment of volunteers in the branch and the amazing fundraising which takes place. I also appreciate the support the branch receives from the national charity and in particular from Rose Crawley, the Volunteer Co-ordinator.

Next Bag Packing Fund Raiser at M&S, Halifax

The next Bag Pack will take place on Friday 21st October 10am – 4pm at M&S, Halifax. If you can spare an hour or two please contact *Ian*:
01422 256 521



COACH TRIP



Wednesday 9th November
Coach trip to Millstones, for lunch, departing Elim Church at 10am prompt. Return at approximately 7pm. Tickets cost £10 per member or carer. For tickets and/or more information please contact, *Margaret Lambert*:
01422 256 347

Tower House Hotel

HX2 7EW
Charity Quiz Night
Friday 21st October
7.30pm - 11.30pm
Raffle, auction, supper, disco
Proceeds to Parkinson's UK Halifax & District Branch
Contact *Ian*: **01422 256 521**

If you have access to a PC you can view all issues of the Newsletter online, www.parkinsonshalifax.org.uk Don't have a computer of your own? Perhaps a friend or Grandchild could print out a copy for you? Hard copies available at Saturday Club, and from Committee members at Dance4Fun, Tai Chi and M&S fund raising events.

Dates For Your Diary

Friday 21st October

Bag pack at M&S 10am - 4pm AND Quiz Night at Tower House Hotel 7.30pm - 11.30pm

Wednesday 9th November

Coach Trip To Millstones For Lunch.

Saturday 12th November

Speaker Graham Smith "A Day In The Life Of A Prison Governor"

Saturday 3rd December

Christmas Lunch 1pm - 5pm £5 Per Member/Carer, *Don't Forget To Bring A Wrapped Gift.*