

Parkinson's Halifax

NEWSLETTER

Edited by Eileen Kenny

Issue No 8
February 2017

Annual General Meeting

The AGM for 2017 will be held at
Elim Pentecostal Church
on Saturday, 11th March,
from 2pm – 4pm.

Refreshments will be served after the meeting.



Valerie Harrison winner of "When I Dance" National Competition by Parkinson's UK

Valerie, who attends the local Parkinson's Dance4Fun class, was the winner of the solo category in the competition. Part of Valerie's prize is to spend time in London with the amazing judges who loved Valerie and the film so much... Anyone wishing to see the film can do so on line at this address, <https://vimeo.com/193078666>

Dance4Fun is held at Elim Pentecostal Church, Hall Street, Halifax, HX1 5AY, on Thursdays from 10.30am (for refreshments and chatter), Dance begins at 11.00am until 12 noon.

Contact Details



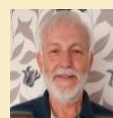
Hilary Jamieson
Chair
01422 839 523



Ian Barraclough
Vice Chair
01422 256 521



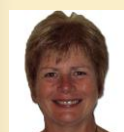
Eileen Kenny
Secretary
01422 373 566



David Baldwin
Treasurer
01422 355 189



Margaret Lambert
Events
01422 256 347



Sandra Lickess
Parkinson's Local
Advisor (PLA)
0344 225 3638


PARKINSON'S^{UK}
CHANGE ATTITUDES. FIND A CURE. JOIN US.

Need help? Call the
Parkinson's UK confidential
helpline for free on
0808 800 0303

Opening times: Monday-Friday:
9am-7pm, Saturday: 10am-2pm
(Closed Sundays / Bank Holidays)

"Our trained advisers, can
provide information and
advice about all aspects of
Parkinson's, such as:
*medical issues, including
symptoms and treatments
*employment and benefits
*health and social care
*emotional support."

Meet Committee Member... Ann Inwood



Hi there, I'm-sure you all know me - the tea lady! A bit about me - I was born in Edinburgh in 1951. My Dad being a fireman moved around as promotion came. So when I was two and a half we moved to Glasgow. Then when I was four and a half to Paisley... But then when I was seven and a half my Dad became the Chief Fire Officer of Halifax in 1958 and we just refused to move again!

I trained as a nurse and qualified as an SEN 1971, I worked on the Children's ward at the General Hospital until I got married in 1975. I inherited a lovely stepson who needed an "at home mum." As I unfortunately couldn't have children, I felt blessed that Andrew had chosen to call me mum. He is a very well adjusted man of 50 now and has been my rock since losing his dad in 2012; I couldn't wish for better.

I can't remember when the Parkinson's Club came to Elim, but as two of our members had the condition, Denis and I volunteered to come along and do refreshments. I didn't know that I would still be on that journey! It has been a privilege to serve and get to know you and I thank you for taking me to your hearts, I feel I have made many friends along the way. I have been on the committee for a number of years now and can assure you that they are a great team. They work hard for the club to make things accessible and constructive for you to deal with the condition that you have. I wish everyone all the very best for 2017.

PS Can I take this opportunity to say thank you for the beautiful flowers I received after the Christmas meal?

Timetable of Activities

Monday	10.15 – 11.15	Maurice Jagger Centre
	<i>Details from Elaine 01422 832 645</i>	Tai Chi (seated)
Monday	11.10 – 12.40	Elland Golf Club
	<i>Details from Eileen 01422 373 566</i>	Singing Group
Tuesday	10.00 – 11.15	Maurice Jagger Centre
	<i>Details from Elaine 01422 832 645</i>	Keep Fit Class
Wednesday	11.00 – 12.00	Elland Golf Club
	<i>Details from Eileen 01422 373 566</i>	Tai Chi
Thursday	10.30 – 11.00	Elim Church
	<i>Details from Natalie 07723 452 673</i>	Dance4Fun
Friday	11.00 – 12.00	Greenacres Com Ctr <small>Ripponden</small>
	<i>Details from Mary 01422 825 780</i>	Keep Fit

Dates For Your Diary

Saturday 11th March
A G M 2pm

Thursday 30th March
Coach Trip
Oswaldtwistle Mills

Friday 31st March
Elvis Night @ Tower House

Saturday 8th April
Kathie Ryan