

Parkinson's Halifax

NEWSLETTER

Edited by Eileen Kenny

Issue No 7
January 2017

Annual General Meeting

The AGM for 2017 will be held at Elim Pentecostal Church on Saturday, 11th March, from 2pm – 4pm.

Refreshments will be served after the meeting.

Conductive Education

There are two places available on the course of CE run by the Percy Hedley Foundation. Sessions take place in Huddersfield town centre, monthly on a Friday. Anyone who wants further details should contact Phil Beckett on: 01484 713 035

Weekly Bonus Ball Scheme



The Lotto Ball scheme has been running since September 2013 and to date has raised over £6,000 for Branch funds. Each week when the Saturday Lotto (**The Lotto**) is drawn, the person who has the same number as the bonus ball, wins £75.

Payment is by **12 monthly payments of £8.70**, by standing order. (This equates to £2 per week over 52 weeks). The profit each week will be donated to Halifax Branch of Parkinson's. Winners will be paid by credit to their bank account within 10 days of the draw.

Thank you to all those who are contributing to Halifax Branch Funds.

***The numbers 2 & 57, are available right now...
Apply now... First come, First served!***

Application forms are available from Ian Barraclough.
Tel 01422 256521

Contact Details



Hilary Jamieson
Chair
01422 839 523



Ian Barraclough
Vice Chair
01422 256 521



Eileen Kenny
Secretary
01422 373 566



David Baldwin
Treasurer
01422 355 189



Margaret Lambert
Events
01422 256 347



Sandra Lickess
Parkinson's Local
Advisor (PLA)
0344 225 3638

PARKINSON'S^{UK}
CHANGE ATTITUDES. FIND A CURE. JOIN US.

Need help? Call the Parkinson's UK confidential helpline for free on 0808 800 0303

Opening times: Monday-Friday: 9am-7pm, Saturday: 10am-2pm (Closed Sundays / Bank Holidays)

"Our trained advisers, can provide information and advice about all aspects of Parkinson's, such as:
*medical issues, including symptoms and treatments
*employment and benefits
*health and social care
*emotional support."



Meet Committee Member... Alan Sherwood

Hi my name is Alan Sherwood, I'm originally from Norfolk but I moved to Yorkshire about 30 years ago. I graduated from the Open University in 2005 with a BSc (Hons) in Health & Social Care. I also studied British Sign Language for 3 years (I'm a bit rusty now though) and I'm a qualified Neuro-Linguistic Programming (NLP) Practitioner. I've worked in the health and social care field for most of my adult life, initially in small voluntary groups in the late 80's early 90's supporting people living with HIV/AIDS, developing health/support services. I've also worked for Social Services supporting adults with complex disabilities. In the late 1990's I was involved in the pilot scheme for what is now known as 'Individual Budgets', helping people with health needs or physical disabilities to develop their own really creative packages of support. For me this was really exciting as it threw up in the air old ideas of what care/support should look like and gave people opportunities to develop the support they actually wanted!

I'm passionate about care and support services, and in 2009, I made the brave decision to give up my comfortable job in Manchester to start my own home care company 'Passion for Support'. Although it was tough at the beginning, just me supporting 3 customers, I knew what I was doing was making a difference, and better still I really enjoyed it! Now 7 years on I have a staff team who support 82 people across Calderdale, delivering nearly 400 hours support each week. Back in 2010, we started supporting a couple of people living with Parkinson's and while I knew a little about the condition, I became interested in how it affected all aspects of people lives. I got involved with the Halifax branch of Parkinson's, initially just to learn more about the condition, but I've been a member of the committee ever since.

Fund Raising Coffee Morning at Brigoyd



Pictured are Angela Goulden, Vanessa Starsmore, Maureen Pool and organiser Maureen Hutchinson (far right).

Many thanks to all at Brigoyd Surgery (both staff and patients) for this fabulous donation to Parkinson's Halifax Branch.

All issues of the Newsletter can be viewed online at,
www.parkinsonshalifax.org.uk

Dates For Your Diary

Saturday 14th January

*Councillor Lisa Lambert
(Branch President)*

Lisa talks about her year as Calderdale Mayor.

Saturday 11th February

*Ann Tonks
Popular Singer*

Saturday 11th March

47th A G M

Thursday 30th March

Coach Trip

Oswaldtwistle Mills

Friday 31st March

Elvis Night @ Tower House