

Parkinson's Halifax

NEWSLETTER

Edited by Eileen Kenny

Issue No 10
April 2017

IT'S TIME TO
STOP PARKINSON'S
IN ITS TRACKS.



Parkinson's Awareness Week (10 - 16 April)

People with Parkinson's need a new treatment. The science is ready and we have the expertise. Join us this Parkinson's Awareness Week to find out how you can be part of the change.

World Parkinson's Day

This year World Parkinson's Day falls during Parkinson's Awareness Week on Tuesday 11 April 2017. The day marks 200 years since Parkinson's was first recognised as a medical condition.

To mark this day, we're teaming up with the [European Parkinson's Disease Association](http://www.europeanparkinsons.org) #UniteForParkinsons.

We are asking everyone around the world to unite and raise awareness on a bigger scale than ever before.

Join us and #UniteForParkinsons. Find out how you can get involved both online and offline at www.worldparkinsonsday.com.



A warm welcome to our new PLA...



As many of you will know, our Parkinson's Local Adviser, Sandra Lickess, retired at the end of March. The post will be filled by Janet Edmunds who will start on 8th May. Janet currently works at Kirklees Council as Senior Gateway Volunteer Co-ordinator. Past roles have included adviser at CAB and Carers Support Officer so she will be a great addition to the Parkinson's UK team.

Janet will undergo a period of induction including shadowing other local advisers, training and familiarisation with the charity. She should be able to take on client work towards the end of July. Anyone needing information or support urgently before then should call the Helpline in the first instance – 0808 800 0303. If you can possibly wait until the end July it would be really helpful, but do give the Helpline a ring if you need any support.

Contact Details



Hilary Jamieson
Chair
01422 839 523



Ian Barraclough
Vice Chair
01422 256 521



Eileen Kenny
Secretary
01422 373 566



David Baldwin
Treasurer
01422 355 189



Margaret Lambert
Events
01422 256 347

PARKINSON'S^{UK}
CHANGE ATTITUDES. FIND A CURE. JOIN US.

Need help? Call the Parkinson's UK confidential helpline for free on 0808 800 0303

Opening times: Monday-Friday: 9am-7pm, Saturday: 10am-2pm (Closed Sundays / Bank Holidays)

"Our trained advisers, can provide information and advice about all aspects of Parkinson's, such as:
*medical issues, including symptoms and treatments
*employment and benefits
*health and social care
*emotional support."



Thanks to everyone at The Halifax and District Branch

Please pass on my huge thanks to everyone at the Halifax Local Group for the very kind and generous leaving present of Vouchers to the value of £125.

It was most unexpected, and very much appreciated. I shall miss everyone very much, it has been such a joy working with you all. Wishing you all the very best.

Sandra Lickess

The Blackpool Holiday Project

We are a volunteer support group of Parkinson's UK and organise an annual holiday in Blackpool for people affected by Parkinson's. We offer a week of rest and therapies for people with Parkinson's, their friends and carers each October at: The Savoy Hotel Queens Promenade Blackpool, FY2 9SJ The hotel is part of the Britannia group and the staff has undergone Parkinson's awareness training.

Dates for 2017 Sunday 8th to Saturday 14th October

Cost is £280 per person. Minimum deposit £50 per person.

Booking forms are available from Eileen Kenny 01422 373566.

Further information: For any queries or for additional information please contact:

David Gray between the hours of 09:00 – 20:00 Tel: 01228 593147 or

Email: david.gray049@btinternet.com



Friday 5th May

17th Annual Concert for Parkinson's UK, Halifax

St Thomas's The Apostle, Clarendon, Halifax HX3 9TD

"An hour of Music & Fun" 7.30 - 8.45pm

includes Pie & Pea supper served at 8.45pm

Tickets priced at £7 & £5 (concessions) available from Ian

01422 256 251

Dates For Your Diary

Friday 5th May

Music Concert at

St Thomas's Clarendon

Saturday 13th May

Film show with Keith

Barber

"Down Memory Lane"

Saturday 10th June

Martin Heathcote

Wednesday 21st June

Coach Trip

to Whitby via Pickering

Mental Health & Parkinson's survey 2017

Please go to <http://surveys.parkinsons.org.uk/s/2WCPR/> to fill in this new survey.

By taking part in this survey you will help us to better understand the key issues for people with Parkinson's experiencing mental health problems and what treatment is currently accessed across the UK.

The survey should take approximately 10-15 minutes to complete, which you can do anonymously. If you have any questions, please contact us on campaigns@parkinsons.org.uk or 020 7963 9349.

The survey will close on 14 May 2017.

All issues of the Newsletter can be viewed online at,
www.parkinsonshalifax.org.uk