



Editors: Phil Beckett & Anne Rothera

Merry Christmas and A Happy New Year To All Our Members



AGM PAPERS

**If you have received this Newsletter by post there are details of
The Halifax Branch AGM on Saturday 12th February included**



The Nightingales gave us a great show and some cool harmonies at our October meeting when we celebrated our 50th Anniversary Year.



Some of our volunteers at the reopening of Sainsbury's Café, ready to welcome people affected by Parkinson's and raising awareness.

Success The Autumn Fayre, that took place in November, raised a tremendous £1009! Thanks to all who participated, either by running a stall, serving refreshments and helping in many ways as a volunteer, or simply turning up and participating as a punter!

Christmas Mini Quiz 1) How many of Santa's reindeer have names beginning with the letter D?
2) Which Country first introduced the idea of decorating a tree? 3) How many ghosts appear in Charles Dickens' A Christmas Carol? *

Men United

There is a men's club that meets at Halifax Rugby Union club, Ovenden Park. It is not specifically for Parkinson's men, but older gents from all walks of life, ex-service men and everything from lorry drivers to solicitors. A couple of men from our Parkinson's UK branch attend regularly. We have speakers, discussions about current news stories, quizzes, indoor games such as putting and boccia. Trips out to museums or sporting events are organised and we have already booked a location for our Christmas lunch! Gentle chair exercise and boules/petanque are also being arranged. Why not give it a try, after all, it is at the rugby club! All men welcome, Wednesdays at 10am. If you need more information, have a word with Phil Beckett 07748 121444.

A Date for Your Diary



Join us for a night with Elvis

Saturday 18th June 2022

Venue: Baines Hall, Elland Cricket Club.

19:30 - 23:30

Tickets £15 each, to include supper.

All profits to the HALIFAX Branch.

Following the great success of previous events, we are able to confirm that Elvis is alive and kicking and will be appearing at our event. Tickets will be available from Ian Barraclough on 01422 256521. Expected high demand for tickets, so book early! Don't forget your blue suede shoes.

Dates for Next Year's Diary

8th January - Return of the singing group
The Landlubbers 2pm-4pm Elim Church

10th January - Conductive Education, Elim Church

26th January -Sainsbury's Café 2pm-4pm

Newly diagnosed? Would you like to join us for
an informal chat

12th February - AGM and speaker* Elim 2pm 4pm

*Legal and Financial Issues for the retired.

Christmas Bonus

Our Lucky Numbers draw is getting a boost. Prizes available will be **£30 for third place**, **£50 for second** and the princely sum of **£100 as first prize!** There are still numbers left if you want to be in with a chance, contact Sue Morris on 01422 362 303.

Brighthouse Rotary's Tree of Light Appeal

A big thank you to Brighthouse Rotary Club who will, again, be supporting Parkinson's UK, (Halifax and District Branch). These funds will be used to help us support the estimated 400+ people in the Halifax and District Area, diagnosed with Parkinson's. To sponsor a light and leave a message of remembrance for your loved one, you can complete or download a form from brighthouseoflight.co.uk or collect one from Sainsbury's (Brighthouse). Also Santa's Float will be out and about, with collecting buckets in the Brighthouse area, on Monday 13th December from 6pm – 8pm. <http://brighouserotary.org.uk/>



Parkinson's UK Confidential
Helpline

Call free on 0808 800 0303

Opening Times

Monday – Friday: 9am – 7pm

Saturday: 10am – 2pm

Closed Sundays & Bank Holidays